

Epic Harvests LLC

NUTRITION & ANALYSIS SHEET

PRODUCT NAME: Whole Grain Equivalent Traditional Fudge Pan Cookie
PRODUCT CODE: 22294FIW
PORTION SIZE: 3 oz. 85g
PACKED: 96 IW
CASE NET WEIGHT: 18 lbs.
CASE DIMENSIONS: 15.9"x10.4"x 6.8"
PALLETIZING: 10 ti X 9 hi
MEAL CONTRIBUTION:

EACH WHOLE GRAIN EQUIVALENT Fudge Pan Cookie : The equivalent of 2 servings of WHOLE GRAIN, contains minimum 51% of the flour as whole grain

INGREDIENTS: Whole grain flour, enriched flour, water, eggs, egg replacer, sugar, cocoa, red/orange vegetable concentrate, vegetable oil, salt, natural flavors, and imitation vanilla.

ALLERGENS: Gluten, wheat, soy.

SERVING DIRECTIONS: Thaw at room temperature 2 hours prior to serving.

I certify that the above information is accurate at present on this date.

Name: Tom Rykalsky

Title: CEO

Signature: *Tom Rykalsky* **Date:** November 2015

Nutrition Facts			
Serving Size 1 Fudge Pan Cookie (85g)			
Servings Per Container 1			
Amount Per Serving			
Calories 180		Calories from Fat 30	
		% Daily Values*	
Total Fat 3.3g			5%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 22mg			7%
Sodium 196mg			8%
Total Carbohydrate 36g			12%
Dietary Fiber 4g			16%
Sugars 21g			
Protein 4g			8%
Vitamin A 3%	•		Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

