
KOURTNIE BAHAM

117 Summer Cypress Ln Belle Chasse LA 70037-1691 United States 504-912-3001

PROFILE

Self-driven individual seeking opportunity that allows the use of proven experience with the ability to adapt in any environment to accomplish the mission of the organization and provide quality services to targeted populations.

EXPERIENCE

MILITARY FAMILY LIFE COUNSELOR, LEIDOS;

BELLE CHASSE, LA (FULL TIME) – 2023-PRESENT

- Provides non-medical, short-term, solution focused counseling directly to children and youth of service members.
- Provides training and health and wellness presentations, participate in health fairs and other base/ installation activities focused on children and youth.
- Establishes and maintains working relationships with community resources focused on children and youth and provides appropriate linkages.

LICENSED PROFESSIONAL COUNSELOR, ESSENTIAL INTENTIONS COUNSELING, LLC; BELLE CHASSE, LA (PART TIME) – 2022-PRESENT

- Intake and assessment.
- Use Diagnostic and Statistical Manual (DSM) of Mental Disorders in formulation of treatment goals and application of appropriate clinical interventions.
- Make professional evaluations, decisions, and recommendations.
- Conduct and complete suicide risk assessments as needed.
- Independently provide complex crisis intervention and stabilization of clients in psychological distress.
- Consult with other mental health professionals.
- Complete continuing education courses to maintain licensure and National Certified Counselor certification, as well as stay up-to-date on the latest practices.

MENTAL HEALTH PROFESSIONAL II, JEFFERSON PARISH DEPARTMENT OF JUVENILE SERVICES; HARVEY, LA (FULL TIME) – 2020-2023

- Provides individual and group therapy for detained youth at the L. Robert Rivarde Detention Center.
- Intake and assessment (including suicide risk assessments).
- Develops and maintains case files.
- Independently provide complex crisis intervention and stabilization of clients in psychological distress.
- Collaborate with an interdisciplinary team to provide treatment recommendations to Detention and Probation Officers, as well as Juvenile Court personnel to include written and verbal feedback on client progress.

ADDICTIONS COUNSELOR, BEHAVIORAL HEALTH GROUP;
GRETNA, LA (FULL TIME) – 2019-2020

- Screen clients for admission into treatment.
- Conduct client intake and assessment (including suicide risk assessments).
- Client orientation.
- Establish goals and treatment plans.
- Psychotherapy/psycho-education counseling (Individual, Groups and Significant Others).
- Case management.
- Complex crisis Intervention.
- Continuum of care and follow up.

MILITARY SERVICE

BRANCH: UNITED STATES NAVY
SERVICE COUNTRY: UNITED STATES
RANK: PETTY OFFICER THIRD CLASS (E4)
July 2009 - July 2013

EDUCATION

UNIVERSITY OF HOLY CROSS, NEW ORLEANS, LA – PHD IN COUNSELOR
EDUCATION & SUPERVISION, PRESENT
UNIVERSITY OF HOLY CROSS, NEW ORLEANS, LA – MASTER OF ARTS IN SCHOOL
COUNSELING, 2019
(CONCURRENTLY RECEIVED BACHELORS OF SCIENCE IN COUNSELING)

SKILLS

Electronic Health Record (EHR) • Form CSM-1500 • Microsoft Office Proficiency • Google
Workspace • Assessments • Treatment Plans • Complex Crisis Intervention • Individual /
Group Counseling • Evidence-Based Practices in Mental Health • Addiction Counseling

CERTIFICATIONS AND LICENSES

LICENSED PROFESSIONAL COUNSELOR
June 2026

NATIONAL CERTIFIED COUNSELOR
August 2024

CPR CERTIFICATION
May 25, 2025